

QUESTIONS TO ASK YOUR DOCTOR

ALL WOMEN

1. How do I perform a breast self-exam?

2. Is pain normal?

CHILD-BEARING AGE WOMEN

1. What are my birth control options?

2. My periods are heavy and/or painful. What can I do about this?

PERIMENOPAUSAL WOMEN

1. What changes to my cycle should I expect?

2. When should I expect menopause?

MENOPAUSAL WOMEN

1. What are things I can do about vaginal dryness?
